



# Rosh Hashanah 2022 - 5783



## Our Appetizers

— Sweet Gefilte Fish by the Piece (approx. 5oz)	6 <sup>49</sup> ea
— Sweet Gefilte Fish Loaf (approx. 2.5lbs)	37 <sup>50</sup> ea
— Salt & Pepper Gefilte Fish by the Piece (approx. 5oz)	6 <sup>49</sup> ea
— Salt & Pepper Gefilte Fish Loaf (approx. 2.5lbs)	37 <sup>50</sup> ea
— Chopped Liver traditional and delicious	12 <sup>99</sup> lb
— Chopped Liver with Egg	12 <sup>99</sup> lb
— Kishka an old time favourite	11 <sup>99</sup> lb

## Our Soups

— Classic Chicken Soup (1 litre)	9 <sup>99</sup> ea
— Chicken Soup with Matzo Balls (1 litre)	9 <sup>99</sup> ea
— Chicken Soup with Noodles (1 litre)	9 <sup>99</sup> ea
— Squash and Apple Soup (1 litre)	9 <sup>99</sup> ea
— Matzo Balls light and fluffy	1 <sup>69</sup> ea
— Chicken Kreplach (12 pieces)	13 <sup>99</sup> pkg
— Beef Kreplach (12 pieces)	13 <sup>99</sup> pkg

## Our Salads

— Quinoa Squash Salad a customer favourite	12 <sup>99</sup> lb
— Cucumber Salad a refreshing side	9 <sup>49</sup> lb
— Israeli Salad freshly chopped tomatoes, cucumbers, peppers and onions	9 <sup>99</sup> lb
— Coleslaw our famous recipe	8 <sup>99</sup> lb
— Autumn Leaves brussel sprouts, pomegranate and pumpkin seeds, caramelized yams, cranberries, and a maple chili dressing	15 <sup>99</sup> lb
— Beet Salad in a light vinaigrette	9 <sup>49</sup> lb

## Main Course

### BEEF

— Roasted Carved Single Brisket with gravy	26 <sup>99</sup> lb
— Sweet and Sour Meatballs a family favourite	13 <sup>99</sup> lb
— Extra Beef Gravy (500ml)	6 <sup>99</sup> ea

### CHICKEN

— Barbecued Chicken prepared with our special spice blend	16 <sup>49</sup> ea
— Slow Roasted Chicken with garlic, lemon and thyme	18 <sup>99</sup> ea
— Autumn Chicken boneless breast, stuffed with wild rice, quinoa, toasted pumpkin seeds and vegetables	12 <sup>49</sup> ea
— Florentine Chicken boneless breast, stuffed with spinach, onions and mushrooms	12 <sup>49</sup> ea
— Lemon Chicken boneless breast, served with a citrus sauce	8 <sup>99</sup> ea
— Honey Garlic Chicken braised boneless thighs, in honey garlic sauce	14 <sup>99</sup> lb
— Chicken Fingers crispy and delicious	16 <sup>99</sup> lb
— Chicken Cutlets a customer favourite	8 <sup>99</sup> ea
— Chicken Meatballs tangy and flavourful	13 <sup>99</sup> lb

### TURKEY

— Whole Roasted Turkey with gravy (13-15lbs)	149 <sup>50</sup> ea
— Carved Roasted Turkey with gravy; beautifully decorated (13-15lbs)	169 <sup>50</sup> ea
— Whole Smoked Turkey a delightful entree (10-11lbs)	129 <sup>50</sup> ea
— Carved Smoked Turkey garnished and ready to serve (10-11lbs)	149 <sup>50</sup> ea
— Carved Boneless Turkey Breast with gravy	24 <sup>99</sup> lb
— Vegetable Mushroom Stuffing 5" X 8" pan	13 <sup>99</sup> ea
— Extra Turkey Gravy (500ml)	6 <sup>99</sup> ea

For more than 60 years, Nortown has been serving up fine meats, poultry, fish, and prepared foods to the Jewish community

## More Main Courses

### VEAL

- Carved Roasted Veal Shoulder served with gravy 24<sup>99</sup> lb
- Extra Veal Gravy (500ml) 6<sup>99</sup> ea

### FISH

- Citrus Glazed Salmon in a flavourful orange sauce - approximate weight 8oz 14<sup>99</sup> ea
- Teriyaki Salmon - approximate weight 8oz 14<sup>99</sup> ea

## On the Side

- Grilled Vegetables 13<sup>99</sup> lb
- Roasted Root Vegetables 13<sup>99</sup> lb
- Maple Roasted Brussel Sprouts 13<sup>99</sup> lb
- Sauteed Green Beans garlic, sea salt and pepper 10<sup>99</sup> lb
- Carrot & Pineapple Tsimmis 8<sup>99</sup> lb
- Herb Roasted Tri-colour Potatoes 8<sup>99</sup> lb
- Garlic Mashed Potatoes 8<sup>99</sup> lb
- Roasted Parisienne Potatoes 7<sup>99</sup> lb
- Potato Latkes 2<sup>49</sup> ea
- Kasha & Bows 8<sup>99</sup> lb

## Extras

- Homemade Apple Sauce 9<sup>49</sup> lb
- Our Own Cranberry Sauce (250ml) 5<sup>99</sup> ea
- Red Horseradish (250ml) 2<sup>99</sup> ea
- White Horseradish (250ml) 2<sup>99</sup> ea
- Nathan's New Dills (1 litre) 6<sup>99</sup> ea
- Nathan's Regular Dills (1litre) 6<sup>99</sup> ea

## Kugels

### NEW LARGER PACKAGE

Serves 6-8

- Potato Kugel 13<sup>99</sup> ea
- Vegetable Noodle Kugel 13<sup>99</sup> ea
- Sweet Noodle Kugel 13<sup>99</sup> ea
- Apple & Raisin Noodle Kugel 13<sup>99</sup> ea

## Bakery

- Apple Cake 9<sup>49</sup> ea
- Honey Cake 12<sup>99</sup> ea
- Hermes Chocolate Kokosh 13<sup>99</sup> ea
- Rugelach contains 5 cinnamon & 5 chocolate 15<sup>99</sup> box
- Plain Round Challah 8<sup>49</sup> ea
- Raisin Round Challah 8<sup>49</sup> ea

### Additional Details:

- Orders must be charged to your Visa, MasterCard or American Express
- There will be a \$9.50 Convenience Charge per order (not applicable when ordering only whole or carved turkeys)
- 1 lb minimum order per item
- All items are subject to availability
- Prices subject to change without notice



## Quantity Ordering Guidelines

Salads: 1 lb serves 3 to 4 people  
 Soup: 1 litre serves 3 people  
 Matzo Balls: 1-2 balls per person  
 Gefilte Fish Piece: 1 piece per person  
 Gefilte Fish Loaf: serves 6 to 8 people

Fish: 1 piece per person  
 Roasted Whole Turkey: 1 lb cooked per person  
 Roasted Chicken: 1 chicken serves 2-4 people  
 Veal or Beef: 1 lb serves 2 people

## Store Hours

Friday, September 23: 8am-7pm  
 Saturday, September 24: CLOSED  
 Sunday, September 25: 8am-6pm

Monday, September 26: CLOSED  
 Tuesday, September 27: CLOSED

Rosh Hashanah begins at sundown  
 Sunday, September 25, 2022

**PLEASE PLACE YOUR ORDERS BY  
 SUNDAY, SEPTEMBER 18<sup>th</sup>**

**ORDER ONLINE AT  
 WWW.NORTOWNFOODS.COM**



**SCAN ME**